

Markets-Meat-Sea Meat-Retail

Marriage Counselors

Family Counselors
 Family Counselors Associates
 2740 Fulton Av. IV 7-5973
 Family Service Agency of Greater Sacramento
 709-21st St 8-8284
 Frapwell Ethel E 2720 Capitol Av.-GI 1-4096

GRABER RAYMOND A
 REY, RAYMOND A. GRABER
 Pre-Marital & Family Problems
 3430 Fulton Av. IV 7-5973
 If no answer call IV 7-2725

Harris Herbert R 2417 Capitol Av.-GI 2-5707
 The Counseling Center
 5912 Grant Av(C)-IV 3-0524
 Werner Herbert Rev 801-21st.-GI 8-9579

Massage
 BERRY L E 3150-21st Av.-GL 7-0682
 Bill Martin's Steam Baths
 Rock Steam-Swedish Massage
 2021 S GL 7-1957

EDELWEISS TREATMENT ROOMS
 MELANIE B. GREENER R.N.
 Bottle Creek ORIGINAL
 St. Helena Sanitarium I METHODS
 MASSAGE HYDROTHERAPY
 ELECTROTHERAPY
 Specialties - Colonics - Nursing Home
 2824 T - GL 5-6059

FINLAND STEAM BATHS
 Swedish Massage-Physio-Therapy-Colonics
 Hours 1 PM to 10 PM Sat. 1 PM to 6 PM
 One Block West of Stockton Blvd
 4626-14th Av.-GL 2-9569

KAMPUS MASSAGE 5526 H -GL 1-8397
 (See Advertisement This Page)

LINDALE BEA
 SWEDISH MASSAGE
 CABINET BATHS
 PHYSIO THERAPY
 Between S & T Sts
 1917-20th - GL 5-6078

MIQUEL'S SLENDERIZING SALON
 ROCK STEAM ROOMS & MASSAGE
 SEPARATE ROOMS FOR MEN
 & WOMEN
 2030-16th - GI 3-3092

Rogers John M 1831 K - GI 3-7326
TANAKA HIRAYUKI
 JAPANESE MASSAGE
 Hrs. Mon, Thru Sat. 10 A.M.-5 P.M.
 Mon.-Wed.-Fri. Eve. 7-9
 1405-4th - GI 8-9784

Check the Yellow Pages for WHO sells WHAT.

MASSEUR KAMPUS MASSAGE
 FOR RELIEF FROM SORE MUSCLES & NERVOUS TENSION
 RAY COONTZ
 Grad. Masseuse
 Formerly with Del Paso Country Club
 ALSO STEAM BATHS FOR APPOINTMENT CALL
GL 1-8397
 LOCATED IN KAMPUS SHOPPING CENTER
 5526 H St. - Near State College

Message-(Cont'd)
TED'S MESSAGE PARLOR
 TED HAYASHIDA
 Graduate of 4 1/2 Yr. Course in Japan
 Hours 9 A.M. to 5:30 P.M.
 and by Apointments
 1404-4th - GI 8-0644

Matches
ADVERTISING SPECIALTIES
 PAUL R. SEAMAN
 Specializing in Book Match Advertising
 4117 Marshall Av(C) - IV 7-6441

HASTIE LLOYD
 Rep Monarch Match Co - GL 2-8269
 Pacific Novelty Co
 Monarch Match Rep
 2642-36th - GL 7-5664

Maternity Apparel
MATERNITY SHOP THE COMPLETE WARDROBE FOR THE EXPECTANT MOTHER
 From Swimsuit to Formal MATERNITY BRASSIERES & SUPPORTS
 Trained Fitters to Serve You
 On K near 13th
 1233 K - GI 3-6760

MILES N MILES
 COMPLETE MATERNITY DEPARTMENT
 DRESSES - SPORTSWEAR - LINGERIE
 "Smart But Not Expensive"
 1984 Fulton Av - IV 9-1350

STORK TIME
MATERNITY FASHIONS
 "Complete Wardrobe for the Mother to be"
 SUITS - JACKETS - SKIRTS
 DRESSES - SPORTSWEAR - LINGERIE
 MATERNITY SUPPORTS
 USE OUR CONVENIENT LAYAWAY PLAN
 Hours 10 A.M. to 5:30 P.M.
 Mon. & Fri. Nines 'Til 9
 ALWAYS LOTS OF EASY PARKING
 2318 J - GI 8-3271

Mattresses
SCHUEERMANN & SHERWIN
 DIRECT PRESSURE MATS
 Electric - Nickeltytes - Steeles
 Alley Entrance PO Box 2448
 914-6th - GI 2-8760

Mats-Floor
 Golden State Mat Mfg Co
 752 Folsom S F-Yukon 6-0900
 Sacramento Rubber Co 721 J - GI 2-3847

Good party-line neighbors are considerate party-line users. Remember these golden rules:

- Space your calls instead of making several without a break.
- Talk only as long as necessary on each call.
- When you finish talking replace the receiver properly.
- Make certain, if you are using a dial telephone, that the line is clear before you dial.
- Ask your youngsters to be considerate, too.

Mattresses-Renovating
CALIFORNIA MATTRESS CO
 35 Years of Fair Dealings
 In Sacramento
MATTRESSES & BOX SPRINGS
 Renovated And Made To Order
 SPECIALISTS IN ODD SIZES & KING SIZES
 Free Estimates Without Obligation
 Workmanship Guaranteed
 SPECIAL SERVICE TO HOTELS & MOTELS
 918-20th - GI 2-9292

FLOWER BULB STORAGE
 To keep flower bulbs dry and unbroken, store them in empty egg cartons. Then label the cartons.

The Yellow Pages keep your sales message before prospective customers 24 hours a day, every day of the year.

VALLEY MATTRESS CO.

BOX SPRINGS REBUILT & RECOVERED

Lowest Prices! Prompt Service!



Telephone... **GL 5-3019**

NOW! INNERSPRING MATTRESSES

STERILIZED • REBUILT REPAIRED

"Our 31st Year"

When you want to telephone

LISTEN FOR THE 'DIAL TONE'

dial carefully—turn the dial all the way and then let it go back to position naturally, without forcing. These simple steps enable you to dial telephone numbers speedily and with precision.

The Pacific Telephone and Telegraph Company

Mattresses-Renovating-(Cont'd)
CITY MATTRESS CO 1517-2d - GI 3-8539
 (See Advertisement This Page)
SACRAMENTO MATTRESS CO
 4160-14th Av-GL 5-3019
 (See Advertisement This Page)
VALLEY MATTRESS CO
 4160-14th Av-GL 5-3019
 (See Advertisement Page 248)

Mattresses-Retail
BARGAIN-BILL'S FURNITURE WAREHOUSE
 Complete Sleep Shop - All Famous Makes
 Any Size Made to Order
 6620 Folsom Blvd - GL 1-8486

BREUNER JOHN COMPANY 604 K - GI 3-8051
 City Mattress Co 1517-2d - GI 3-8539
HOUSEHOLD FURNITURE CO
 Thornton & N-GL 5-5775
JACKSON FURNITURE CO
 14th & K - GI 2-7604
 Sleep Shop The 2901-30th - GL 6-4163
 Wilson's Furniture 1309 J - GI 3-5709

Mattresses-Whale & Mfrs
CALIFORNIA MATTRESS CO
 918-20th - GI 2-9292
 City Mattress Co 1517-2d - GI 3-8539
VALLEY MATTRESS CO
 4160-14th Av-GL 5-3019

Mausoleums
EAST LAWN 43d & Folsom Blvd. - GL 5-3033
 Sacto Memorial Lawn Stockton B1 & El Paraiso - GL 2-2671

Mayonnaise & Salad Dressings
 Best Foods Inc The 620 I - GI 2-1653
 Fehr's Mayonnaise Products Co 6529 Elvas Av - GL 6-1456
 Kraft Foods Co 880 Arden Wy(NS) - WA 2-9444

Meat Choppers-See Butchers' Supplies

Meat Jobbers
CLAUSS & KRAUS INC
 Since 1888 1700 I - GI 1-2591
DEL PERO-MONDON MEAT CO
 1109 Chestnut Marysville
 From telephones served by the following exchange
 Sacramento 7455-6th Av-GL 1-7642
 (No Inter-City Charge)
 Ask Operator for-ENTRprise 1-0668

Meat Lockers
 See Frozen Food Lockers-Beating

Meat Packers
ARMOUR & CO 500 R - GI 3-7424
CLAUSS & KRAUS INC
 Since 1888 1700 I - GI 1-2591
 Made Rite Sausage Co 3353-2d Av-GL 6-4774
MARKS BONEING PLANT
 Florin Rd-GA 8-2873
 Oscar Mayer Packing Co 7455-6th Av-GL 1-7642
PURETA SAUSAGE CO
 324 Alhambra Blvd-GI 3-2511
 Swift & Co 806-6th - GI 3-3751

EXPLOSION IN OVEN
 If you burn the inside of the oven with an exploded potato or something, soak a cloth in ammonia and let it stay on the burned places an hour or so, after which you can scrape the spots clean without harming the enamel.

MATTRESS RENOVATING

STERILIZING NEW MATTRESSES MADE TO ORDER

From Crib to King Size
 Inner Spring and Box Spring Repairing & Recovering
 Pillow Renovating

1 DAY SERVICE

Special Service to Out of Town Customers
 Special Rates to Hotels & Auto Courts

CITY MATTRESS CO.

Master Craftsmen to Serve You **PHONE GL 3-8539** Pick-Up & Delivery Service

1517 2nd St.



Sacramento MATTRESS CO. Est. 1911

STERILIZED Recovered Like New One Day Service Lowest Prices



MATTRESSES REBUILT

4160 - 14th Avenue Phone **GL 5-3019**

Meal-Retail
ARCADE MEAT MARKET
 Baer & Fuller 1224 J - Auburn BI-IV 7-2777
 Beach's Meat Mkt 3041 Rio Linda Bl(NS)-WA 5-9760
BEALE GEO MARKET 301 B1B - GI 3-3615
BEAVIS MEAT CO 13th & J - GI 3-4951
 Best Buy Market 3001 Franklin Blvd-GL 5-1649
 Best Value Market 3232 Sacto Blvd-GL 6-3746
 Broderick Market 714-34th(B) - GI 3-6473
 Budge's Meat Market 4017 Broadway-GL 7-5533
 Bunkler Bros Meat Market 1003 M-GI 2-9441
 Butcher's Quality Meats 14th & O - GI 2-2941
CAPITAL MEAT CO 300 N 12th - GI 3-4624
 Channel Market Gregory Rd(WS) - FR 1-7445

CHINN NED MEAT CO
 QUALITY MEATS CUT & WRAPPED FOR HOME FREEZERS
 3022 Stockton Blvd - GL 6-5131

Colonial Market 3759 Stockton Bl-GL 6-0999
 Continental Grocery 2031-3d - GI 3-2976
CORTI BROS SUPER MARKET
 Quality Meats for Freezers
 3195 Folsom Bl - GL 2-2696
DAVIS FRANK E
 Fine Quality Meat-Fresh Poultry
 2717 Riverside Bl - GI 2-2214
 Davis Meat Co 2030-10th - GI 8-6564
 Del Paso Meat Market 431-12th - GI 8-3041
 Eighth & I Market 1200-8th - GI 1-4424
FARMER'S MEAT
 3810 Marysville Rd(DPH)-WA 5-8786
 Folsom Blind Meats Co 5140 Folsom Bl-GL 7-1848
 Food Depot Meats 1120 H - GI 2-9759
 Frank the Butcher 1880 Stockton Bl-GL 1-6123

Freeway Market 2201 Marconi Av-WA 5-8780
G MARKET 2330 Sacto Blvd - GI 2-9721
 Gentner's Market 3035-24th - GL 5-2641
 George & Gus Meat Market 1325 Mercey Av(WS)-FR 1-6606

GERHART'S QUALITY MEATS
 WE CUT & WRAP FOR HOME FREEZERS
 2444 Maryl Dr - IV 7-6223

Golden Star Market 1826 Stockton Blvd-GL 6-3821
GRAY G A QUALITY MEATS
 QUALITY MEATS
 Deliciousness - Fish - Poultry
 Orders Prepared in Advance
 2955 N Fair Oaks Bl(C) - IV 7-6187

Hank's Pacific Market 2500 P - GL 6-6401
 HI Ho Market Perkins - GL 7-8397
 I St Bridge Meat 223 D1B - GI 3-3639
 J & Y Meat Market 3000 O - GL 7-0345
 Jack & Woody's Market 4751 J - GL 5-5800
JENNINGS & PACK MARKET
 3409-3d Av - GI 5-8634

JOHNNY'S MEAT CO
 We Cut & Wrap for Home Freezers
 2730 J - GI 3-5553
 (Continued Next Page)

O'BRIEN'S MEATS

RETAIL WHOLESALE SPECIALIZING IN FREEZER MEATS BOARDING HOUSES & HOTELS

GI 3-8430

FREE DELIVERY SERVICE
 1600 BROADWAY

