

OSTEOPATHY

is a Scientific Method of Healing

by skillful manipulation of the human body, based upon a thorough knowledge of anatomy and physiology. It regards the human system as capable of keeping itself in perfect health when properly aided. It recognizes (1) that the source of health is within us, not without; (2) that all bodily disorders are the result of mechanical obstruction to the free circulation of the vital fluids and forces of the body; and (3) that a diseased body needs something done to it, not something put into it. Its keynote is adjustment.

It is the work of a master mechanic upon the most complicated of machines. It is the office of the Osteopath not to supply, but to direct the force of natural law; not to put drugs into the body, but to control the remedial agents which are already within it.

Osteopathy treats all disease—acute and chronic.

Osteopathic cures are permanent because they are the result of perfect adjustment, thereby restoring normal nerve force and circulation to all parts of the body.

W. H. Wakefield, M. D., D. O. Physician and Surgeon

Room 413 Union Savings Bank
Bldg. Phone Oakland 2013.
Residence, 648 E. 17th St.
Phone Merritt 1155

Dr. Josephine A. Jewett, D. O.

Hours by Appointment.
Telephones: Office, Berkeley 524
Residence, Berkeley 2441W
Rooms 336-300-302 Acheson
Building
BERKELEY, CAL.

DR. IRMA I. MOON Osteopathic Physician

Hours, 10 to 12 and 2 to 4.
Telephones: Office, Oakland 1164
Residence, Merritt 3589
713 Union Savings Bank Building,
Thirteenth and Broadway
OAKLAND, CAL.

Osteopaths—Cont'd

WAKEFIELD WM H 413 Union
Savings Bank bldg (See adv)
Wallace M R 1401 1st av
Ward H M 1418 Bway
Willcox S W 271 Bacon bldg
Yore G M 812 Bway

BERKELEY

Axtell Eudora Bkly Bk bldg
Farmby Martha 2251 Tel av
Birlew Dorothy 1632 Euclid av
Donahue J E Bkly Bk bldg
Hain Grace E 2251 Tel av

JEWETT JOSEPHINE A 336 Ache-
son bldg (See adv)

Near Leroy 2251 Tel av
Peirland H E Bkly Bk bldg
Roop Ethel D 2310 Bowditch
Sellars D F Bkly Bk bldg
Williams Mabel L Bkly Bk bldg

ALAMEDA

Herrmann Myrtle E 2024 Ala av
Stevens C A 1361 Park
Thompson C L 2405 Santa Clara av

Ostrich Feathers

Alameda Ostrich Feather Wks 2985
Johnson av Ala

*Outdoor Advertising

VARNEY THOS H B 534-540 20th

*Overall Laundries

EXCELSIOR LAUNDRY CO 2116-
2130 West (See adv at Laundries
and back cover)

MARKET LAUNDRY CO (Inc) 724
Myrtle (See left side lines)